

TH4011 SPIRITUAL THEOLOGY 1

1.	Module code:	TH4011	
2.	Title:	SPIRITUAL THEOLOGY 1	
3.	Credit points:	10	
4.	FHEQ level:	4	
5.	Semester:	Onsite: Semester 2 Distance: Semester 3	
6.	Module leader:	Chloe Lynch	
7.	Accredited by:	MDX	
8.	Module restrictions:		
	(a) Pre-requisite	None	
	(b) Programme restrictions		
	(c) Level restrictions		
	(d) Other restrictions or		
	requirements		
9.	Aims:		
	To introduce spiritual theology, develop knowledge of its theological foundations and awareness of perspectives and practices in Christian spirituality, and enable students to integrate their learning in this module with their own personal and spiritual formation. To complement related study of theological approaches to spiritual growth and self-understanding at Level 4, and lay foundations for further study at Levels 5 and 6.		
10.	Learning outcomes:		
	 Knowledge On successful completion of this module, the student will be able to: Identify key theological foundations for the discipline of spiritual theology (A1, A3, A4) Recognise a basic variety of perspectives on Christian spirituality and their related practices (A1, A3, A4) Demonstrate reflective skills in integrating their learning in this module with their own personal and spiritual formation (A1, A3, A4) Skills On successful completion of this module, the student will be able to: Identify foundations of spiritual theology, recognise and evaluate different perspectives on spirituality and spiritual practice, and relate their learning to their own spiritual formation (B1) Engage empathetically with different scholarly methods and opinions, and apply their knowledge and understanding to their own lives and the lives of others, and thereby continue to grow and develop spiritually (B3, B4, B5) Organise, communicate and apply their own learning effectively, use information and computer technology to access and transmit information, and engage in problem solving (B6, B7, B8) 		
11.	Syllabus:		
	theological foundations such as th theology; theology and life of p traditions such as Ignatian or Ben	ts to topics such as: an introduction to spiritual theology as a discipline; e doctrine of God, of humanity and of the church as context for spiritual rayer; the place of Scripture in spiritual theology; various spiritual edictine spirituality and newer examples such as Black Pentecostalism spiritual disciplines and practices in the context of a rule of life; work and rest.	





	Learning and	teaching strategy:					
	practice, colla this module e within a time supported by self-paced wir (including ebc with each oth independent s	boration and production the ither on-campus or in the table and be based aroun materials on the Virtual Lea thin a timetabled cohort, poks, articles and other ma er and the tutor. Both onsi	arough multiple distance (online d interactive lea arning Environm and based aro aterials), and on te and distance expected to enga	delivery formats.) mode. Onsite ec ctures, group disc ent (VLE). Distanc und online cours line discussion fo <i>students</i> will have age in independer	ition, investigation, discussion Students may choose to stuct ducation will occur in a control cussions and guided reading and guided reading and guided reading and guided reading and guided reading and guided reading and students interaction and students interaction and students for guided a and library research and writt lable on the VLE.		
	Assessment s	cheme:					
		e assessment scheme					
	Both onsite and distance learning students will receive ongoing formative feedback from tutors appropriate points during the duration of the module.						
	2. Summativ	ve assessment scheme					
ļ	Task A:						
ļ	All students will undertake a half-day retreat at a place of their choosing (at their own expense and organised by them). During at least part of their retreat time, they will engage one of the spiritual practices taught in this module or another agreed in advance with the Module Leader. Students will submit a 500-word paper after their retreat (and before the due date for this assignment) detailing which spiritual practice they undertook and how their experience of this practice in the context of their retreat integrates with their own personal and spiritual formation.						
	submit a 500 which spiritu	D-word paper after their re al practice they undertook	etreat (and befor and how their e	ore the due date a provide the date of this providence of this provide the second states of the second states a	for this assignment) detaili		
	submit a 500 which spiritu	D-word paper after their re ial practice they undertook grates with their own person Specification e.g., word count / duration / no.	etreat (and befor and how their e	ore the due date a provide the date of this providence of this provide the second states of the second states a	for this assignment) detaili		
	submit a 500 which spiritu retreat integ	D-word paper after their re al practice they undertook rates with their own person Specification e.g., word	etreat (and before and how their e nal and spiritual LO mapped	ore the due date experience of this p formation. Anonymously	for this assignment) detaili practice in the context of the Ethics approval required 図 No ロ Yes – individual studer ロ Yes – group approval		
	submit a 500 which spiritu retreat integ Weighting	D-word paper after their re ial practice they undertook grates with their own person Specification e.g., word count / duration / no. of pages Report on spiritual	etreat (and befo and how their e nal and spiritual LO mapped to	ore the due date experience of this formation. Anonymously marked Ø No	for this assignment) detaili practice in the context of the Ethics approval required ØNO ØYes – individual studer		
	submit a 500 which spiritu retreat integ Weighting <i>Pass/fail</i> <i>Task B:</i> The essay ret to year, but	D-word paper after their re ial practice they undertook grates with their own person Specification e.g., word count / duration / no. of pages Report on spiritual retreat (500 words)	etreat (and before and how their end and spiritual LO mapped to LO 3	ore the due date experience of this p formation. Anonymously marked Ø No □ Yes course material. Q quiring students t	for this assignment) detaili practice in the context of the Ethics approval required 図 No ロ Yes – individual studer ロ Yes – group approval		



The marking scale is as follows:



- 00-34 is considered a fail.
- 35-39 is considered a compensatable pass (where appropriate and after re-assessment).
- 40-49 is considered a third-class pass
- 50-59 is considered a lower second-class pass.
- 60-69 is considered an upper-second-class pass.
- 70+ is considered a first-class pass.

Students are required to complete and pass both parts of the summative assessment in order to pass the module. Task A will be assessed as pass/fail. In the event that Task A is passed on first attempt, the final module grade will be the mark given for Task B. Students who fail any part(s) of the assessment will be reassessed only in those part(s); however in the event of re-assessment in either part, the whole module mark will be capped at 40.

Please note that modules up to a maximum of 20 credits (after re-assessment) may be compensated where a student has achieved a mark between 35 and 39 but only if a level average of 40+ has been achieved.

	Seen examination	%	
	Unseen examination	%	
	Coursework (no	100%	
	examination)		
14.	Timetabled examination	Yes 🗆	
	required	No 🗵	
15.	Length of exam		
16.	Learning materials		
	Essential		
	Boa, K., Conformed to His Image: Biblical and Practical Approaches to Spiritual Formation, rev. ed. (Grand Rapids: Zondervan Academic, 2020).		
	Chan, S., Spiritual Theology: A Systematic Study of the Christian Life (Downers Grove, IL: IVP, 1998).		
	Cocksworth, A., Prayer: A Guide for the Perplexed (London: T&T Clark, 2018).		
	Recommended		
	Allen, D., Spiritual Theology: The Theology of Yesterday for Spiritual Help Today (Plymouth: Cowley, 1997).		
	Calhoun, A.A., <i>Spiritual Disciplines Handbook: Practices That Transform Us</i> , (Downers Grove, IL: IVP, 2016).		
	Coe, J.H. and Strobel, K.C., <i>Embracing Contemplation: Reclaiming a Christian Spiritual Practice</i> (Downers Grove, IL: IVP, 2019).		
	IVP, 2006).	ythms: Arranging Our Lives for Spiritual Transformation (Downers Grove, IL:	
		n Giants: Learning to Pray with History's Best Teachers (Downers Grove, IL: O'Donnell, G., Spiritual Traditions for the Contemporary Church (Nashville, 990).	





	Macchia, S.A., <i>Crafting a Rule of Life: An Invitation to the Well-Ordered Way</i> (Downers Grove, IL: IVP, 2012).				
	McGrath, A., Christian Spirituality: An Introduction	(Oxford: Blackwell, 1999).			
	Park, S.K., Christian Spirituality in Africa: Biblical, Historical and Cultural Perspectives from Kenya (Eugene, OR: Pickwick, 2013).				
Infor	mation in items 17 and 18 are collected for LST purp	oses (as well as for Middlesex University	information):		
17.	UNISTATS - assessment				
	Please indicate summary of the following assessme	ent types:			
	COURSEWORK	100%			
	EXAM	%			
	PRACTICAL	%			
18.	UNISTATS – learning and teaching				
	Please indicated the following proportion of learning and teaching activity (in hours, it should add up to				
	the total credit hours i.e., 30 credits is 300 hours).				
	Scheduled Teaching (e.g., Lecture, Tutorial, Seminar, Practical class, Workshop etc).		Onsite:		
	The proposed number of scheduled teaching hours:		Distance: N/A		
1					
	Assessment				
	Proposed number of hours for the assessments.				
	Placement Activity (e.g., placement, work based learning or year abroad).				
	Proposed time on placement. (This can cause the hours to go over the credit hours, but this is ok in this instance):				
	Independent Study (Time students will be required to complete independent study).		Onsite:		
			58		
	The proposed number of hours a student should complete independent study:		Distance:		
			80		

Programme code(s)Core/Optional600V628BA (Hons) Theologycore600V631Dip HE Theologycore600V631Cert HE Theology & Music – formerly Theology, Music & Worshipcore600V770BA (Hons) Theology & Music – formerly Theology, Music & Worshipcore600V771Dip HE Theology & Music – formerly Theology, Music & Worshipcore600V772Cert HE Theology & Music – formerly Theology & Musiccore600V767BA (Hons) Theology & Creative Musicianship – formerly Theology &core600V767Dip HE Theology & Creative Musicianship – formerly Theology &core600V768Dip HE Theology & Creative Musicianship – formerly Theology &core600V769Cert HE Theology & Creative Musicianship – formerly Theology &core600V773BA (Hons) Theology & Worship Studies – new programmecore600V773Cert HE Theology & Worship Studies – new programmecore	Programme(s) using this module:			
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